

PSHE Long Term Plan Cycle A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<p>RP5/BR- October- Black History Month PSHE Theme- We are unique and different</p> <p>RP3/BR- November- Anti Bullying Week/Children in Need PSHE Theme- Being kind to others</p> <p>RP5/BR- November- Remembrance PSHE Theme- remembering British history</p> <p>RP3- December- Christmas- Respecting others beliefs and celebrating others cultures</p>		<p>RP4- New Year PSHE Them- What are you going to get better at?</p> <p>RP5- Easter PSHE Theme- Respecting others beliefs</p> <p>RP5- Eid PSHE Theme- Respecting others beliefs</p>		<p>RP4- May- Mental Health Awareness Week PSHE Theme- How to feel relaxed (Zen Den YouTube)</p> <p>RP1,RP2,RP3- Big Talk</p> <p>RP3/BR- Transition PSHE Theme- How to make new friends.</p> <p>RP5- Transition PSHE Theme- Change</p>	
	<p>RP1/MS- PANTS- How to use toilets and be safe RP3/MS- Golden Rules RP5- British Values- What does it mean to be British? RP3/MS- Oral Health and healthy eating RP4/SRMS- Feelings- Understanding our own minds</p>					
Year 1/2	<p>Families and People Who Care for Me 1</p> <p>Being a Responsible Citizen 1</p> <p>Respectful Relationships 1</p>	<p>Mental Wellbeing 1</p> <p>Being Safe- Firework Safety</p> <p>Caring Friendships 1</p>	<p>Online Relationships 1</p> <p>Road Safety 1</p>	<p>Physical Health 1</p> <p>Dental Health and Personal Hygiene.</p>	<p>Basic First Aid 1</p> <p>Sun Safety 1</p> <p>Big Talk</p>	<p>Physical Health- Healthy Eating</p> <p>Being a Responsible Citizen 1</p>
Year 3/4	<p>Caring Friendships 2</p> <p>Respectful Relationships 2</p>	<p>Economic Wellbeing 1</p> <p>Online Relationships 2</p>	<p>Mental Wellbeing 2</p> <p>Being a Responsible Citizen 2</p>	<p>Physical Health 2</p>	<p>Drugs, Alcohol and Tobacco 1</p> <p>First aid 1</p> <p>Big Talk</p>	<p>Being safe 1</p>
Year 5/6	<p>Being Safe 2</p> <p>Caring Friendships 3</p> <p>Advanced First Aid</p>	<p>Economic Wellbeing 2</p>	<p>Internet Safety and Harms 2</p> <p>Families and People Who Care for Me 2</p>	<p>Physical Health 3</p>	<p>Mental Wellbeing 3</p> <p>Street Safety 1</p> <p>Big Talk</p>	<p>Online Relationships 3</p> <p>Water Safety1</p>

PSHE Long Term Plan Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	RP5/BR- October- Black History Month PSHE Theme- We are unique and different RP3/BR- November- Anti Bullying Week/Children in Need PSHE Theme- Being kind to others RP5/BR- November- Remembrance PSHE Theme- remembering British history RP3- December- Christmas- Respecting others beliefs and celebrating others cultures		RP4- New Year PSE Them- What are you going to get better at? RP5- Easter PSHE Theme- Respecting others beliefs RP5- Eid PSHE Theme- Respecting others beliefs		RP4- May- Mental Health Awareness Week PSHE Theme- How to feel relaxed (Zen Den YouTube) RP1,RP2,RP3- Big Talk RP3/BR- Transition PSHE Theme- How to make new friends. RP5- Transition PSHE Theme- Change	
	RP1/MS- PANTS- How to use toilets and be safe RP3/MS- Golden Rules RP5- British Values- What does it mean to be British? RP3/MS- Oral Health and healthy eating RP4/SRMS- Feelings- Understanding our own minds					
Year 1/2	Families and People Who Care for Me 1 Caring Friendships 1 Being a Responsible Citizen	Mental Wellbeing 1 Being Safe- Firework Safety Road Safety 1	Online Relationships1 Dental Health	Mental Wellbeing (classroom council) Healthy and Prevention (healthy eating, hygiene and sleeping)	Physical Health (fitness) 1 Economic Wellbeing 1 Big Talk	Respectful Relationships 1 First Aid 1 Sun Safety 1
Year 3/4	Caring Friendships 2 Respectful Relationships 2	Economic Wellbeing 1 Online Relationships 2	Mental Wellbeing 2 Being a Responsible Citizen 2	Physical Health 2	Drugs, Alcohol and Tobacco 1 First aid 1 Big Talk	Being safe 1 Families and People Who Care for Me 2
Year 5/6	Being a Responsible Citizen 3	Physical Health 3 Caring Friendships 3	Internet Safety and Harms 2 Economic Wellbeing 2	Respectful Relationships3	Mental Wellbeing 3 Street Safety 1 Big Talk	Online Relationships 3 Water Safety 1 Being Safe 2

