PSHE Long Term Plan Cycle A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2		
EYFS	RP5/BR- October- Black History Month PSHE Theme- We are unique and different		RP4- New Year PSHE Them- What are you going to get better at?		RP4- May- Mental Health Awareness Week PSHE Theme- How to feel relaxed (Zen Den YouTube)			
	RP3/BR- November- Anti Bullying Week/Children in Need PSHE Theme- Being kind to others		RP5- Easter PSHE Theme- Respecting others beliefs					
	RP5/BR- November- Remembrance		RP5- Eid		RP1,RP2,RP3- Big Talk			
	PSHE Theme- remembering British history		PSHE Theme- Respecting others beliefs		RP3/BR- Transition PSHE Theme- How to make new friends.			
	RP3- December- Christmas- Recelebrating others cultures	especting others beliefs and						
					RP5- Transition PSHE Theme- Change			
	RP1/MS- PANTS- How to use toilets and be safe RP3/MS- Golden Rules RP5- British Values- What does it mean to be British?							
	RP3/MS- Oral Health and healthy eating RP4/SRMS- Feelings- Understanding our own minds							
Year 1/2	Families and People Who Care for Me 1	Mental Wellbeing 1	Online Relationships 1	Physical Health 1	Basic First Aid 1	Physical Health- Healthy Eating		
	Being a Responsible Citizen 1	Being Safe- Firework Safety	Road Safety 1	Dental Health and Personal Hygiene.	Sun Safety 1	Being a Responsible		
	Respectful Relationships 1	Caring Friendships 1			Big Talk	Citizen 1		
Year 3/4	Caring Friendships 2	Economic Wellbeing 1	Mental Wellbeing 2	Physical Health 2	Drugs, Alcohol and Tobacco 1	Being safe 1		
	Respectful Relationships 2	Online Relationships 2	Being a Responsible Citizen 2		First aid 1			
					Big Talk			
Year 5/6	Being Safe 2	Economic Wellbeing 2	Internet Safety and Harms 2	Physical Health 3	Mental Wellbeing 3	Online Relationships 3		
	Caring Friendships 3		Families and People Who		Street Safety 1	Water Safety1		
	Advanced First Aid		Care for Me 2		Big Talk			

PSHE Long Term Plan Cycle B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2				
EYFS	RP5/BR- October- Black History Month		RP4- New Year		RP4- May- Mental Health Awareness Week					
	PSHE Theme- We are unique and different		PSE Them- What are you going to get better at?		PSHE Theme- How to feel relaxed (Zen Den YouTube)					
	RP3/BR- November- Anti Bullying Week/Children in Need		RP5- Easter							
	PSHE Theme- Being kind to others		PSHE Theme- Respecting others beliefs							
					RP1,RP2,RP3- Big Talk					
	RP5/BR- November- Remembrance		RP5- Eid							
	PSHE Theme- remembering British history		PSHE Theme- Respecting others beliefs		RP3/BR- Transition					
					PSHE Theme- How to make new friends.					
	RP3- December- Christmas- Re	especting others beliefs and								
	celebrating others cultures									
					RP5- Transition					
					PSHE Theme- Change					
	RP1/MS- PANTS- How to use toilets and be safe									
		RP3/MS- Golden Rules								
	RP5- British Values- What does it mean to be British?									
	RP3/MS- Oral Health and healthy eating									
	RP4/SRMS- Feelings- Understa			1	T	T				
Year 1/2	Families and People Who	Mental Wellbeing 1	Online Relationships1	Mental Wellbeing	Physical Health (fitness)	Respectful Relationships				
	Care for Me 1		5	(classroom council)	1	1				
		Being Safe- Firework Safety	Dental Health			F:				
	Caring Friendships 1			Healthy and Prevention	Economic Wellbeing 1	First Aid 1				
	Daine a Bassassible Citican	Dood Cofee, 1		(healthy eating, hygiene	Dia Talla	Com Cafato 1				
	Being a Responsible Citizen	Road Safety 1	Mandal Mallhaina 2	and sleeping)	Big Talk	Sun Safety 1				
Year 3/4	Caring Friendships 2	Economic Wellbeing 1	Mental Wellbeing 2	Physical Health 2	Drugs, Alcohol and Tobacco 1	Being safe 1				
	Respectful Relationships 2	Online Relationships 2	Being a Responsible Citizen		Tobacco 1	Families and People				
	Respectiul Relationships 2	Offline Relationships 2	2		First aid 1	Who Care for Me 2				
			2		FIISt ald 1	Wild Care for Ivie 2				
					Pig Talk					
Year 5/6	Being a Responsible Citizen 3	Physical Health 3	Internet Safety and Harms	Respectful Relationships3	Big Talk Mental Wellbeing 3	Online Relationships 3				
	being a nesponsible Citizen 5	i ilysical ficaltii s	2	Respectiul Relationships5	Street Safety 1	Omine Melationships 3				
		Caring Friendships 3			Big Talk	Water Safety 1				
		Caring Friendships 3	Economic Wellbeing 2		DIE I GIV	Being Safe 2				
		1	I FCOUDITIIC MEUDEILIS 7	1		I DEILIK JAIC Z				