



The Relationships Education, Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education.

The purpose of PSHE is to help children and young people to be safe, healthy and happy as they grow up and in their future lives. PSHE must always be appropriate to pupils' age and stage of development and is an essential part of safeguarding.

Relationships Education is learning about the emotional, social and physical aspects of growing up. It is inclusive of all family types, to help children understand about loving and caring relationships of all types. It should equip children with the information, skills and positive values to have safe relationships, to understand their bodies and to empower them to know they have choice. This subject also takes into account mental wellbeing and can support children to develop resilience and to know how and when to ask for help. Parents may not withdraw their child from the science curriculum. At Key Stage 1 this includes the processes of reproduction and growth in animals (not how reproduction occurs). At Key Stage 2 this includes describing the life process of reproduction in some animals.

### **The Rights of Parents/Carers**

The aims of the curriculum are to provide a safe environment for children to have a factual, age-appropriate introduction to human reproduction and ask questions related to this. Crosby School understands that some parents would prefer to deliver this information themselves however they no longer have the right to withdraw their child from any part of sex education delivered as part of PSHE.

Before sex education lessons, delivered by a leading UK sex education social enterprise-take place, parents are invited to view the materials that will be used and informed that they no longer have the right to withdraw their child from these sessions.

Parents/carers are consulted as to the content of this policy through parental surveys conducted when the policy is reviewed.

### **Values and Outcomes**

All content in the RSHE curriculum supports the wider work of school in helping to foster wellbeing, and develop resilience and values that we know are fundamental to children becoming happy, successful and productive members of society.

Children should:

- Be able to understand what features of relationships are likely to lead to happiness and security
- Be able to recognise less positive relationships when they encounter them.
- Understand what positive emotional and mental wellbeing is, and how friendships can support our wellbeing.
- Be prepared for the physiological and emotional changes they will go through during puberty, understanding that these are normal and natural.
- Understand what counts as abuse and how to report it

### **Who Teaches PSHE?**

Crosby teachers teach the majority of the PSHE curriculum. Once a year the school commissions a leading UK Sex Education Social Enterprise to deliver age appropriate content more directly related to sex education. Before these lessons take place parents/carers are notified, and invited to an information session to view content.

### **How delivery is made accessible, including those with SEND**

The governing body has wider responsibilities under the Equalities Act 2010 to ensure that no pupils are discriminated against because of a number of protected characteristics, including disability and educational needs.

At Crosby Primary School for children with Special Educational Needs or disabilities we aim to:

- Identify specific needs as soon as possible
- Provide an appropriately differentiated curriculum
- Endeavour to meet the needs of each child
- Establish and maintain open dialogue with pupils, parents and carers
- Provide extra support or resources as required to enable each child to access the curriculum to the best of their abilities.

### **Curriculum Content**

We teach PSHE as part of our wider Personal, Social and Economic Education (PSHE) curriculum so that our children know how to be safe, healthy (mentally and physical) and have respectful relationships including online.

The PSHE curriculum is taught through the following themes at an age appropriate level:

- Safety
- Health
- Respectful Relationships Including Online
- Mental Health and Wellbeing
- Living In the Wider World

### **Nursery and Reception**

PSHE is taught as a prime area from Development Matters, covering the three strands which are:

- self-regulation
- managing self
- building relationships

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
1 / 2 Cycle A	What is the same and different about us? <b>Dental</b>	Who is special to us? <b>Firework Safety Big Talk</b>	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe? <b>Sun safety</b>	How can we look after each other and the world?
1 / 2 Cycle B	What makes a good friend? <b>Dental</b>	What is bullying? <b>Firework Safety Big Talk</b>	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy? <b>Sun safety</b>	How do we recognise our feelings?
3 / 4 Cycle A	How can we be a good friend?	What keeps us safe? <b>Firework Safety Big Talk</b>	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
3 / 4 Cycle B	What strengths, skills and interests do we have?	How do we treat each other with respect? <b>Firework Safety Big Talk</b>	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
5 / 6 Cycle A	What makes up a person's identity?	What decisions can people make with money? <b>Firework Safety Big Talk</b>	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like? <b>Careers Fair</b>
5 / 6 Cycle B	How can we keep healthy as we grow? <b>Big Talk Firework Safety</b>		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow? <b>Careers Fair</b>	

### **Monitoring and Review**

Governors monitor the delivery of policy content via headteacher feedback to meetings, monitoring visits, safeguarding group processes and governor oversight of sex education feedback.

There is also a link governor who is the named lead for overseeing this on behalf of the governing body. The governors ensure this policy is made available to parents, including being published on the school website.

The Headteacher takes overall delegated responsibility for the implementation of this policy and for liaison with appropriate stakeholders.

The Health Team has general responsibility for supporting other members of staff in the implementation of this policy and provide a lead in the dissemination of the information relating to RSE.

This policy should be read in conjunction with the school's safeguarding and child protection policy.

This policy is monitored and reviewed by the governing body annually.

Last reviewed autumn 2024. Next review autumn 2025.