

Relationships and Sex Education and Health Education (RSHE) Policy Summer 2022

The Relationships Education, Sex Education and Health Education (England) Regulations 2019, made under sections 34 and 35 of the Children and Social Work Act 2017, make Relationships Education compulsory for all pupils receiving primary education.

The purpose of RSHE is to help children and young people to be safe, healthy and happy as they grow up and in their future lives. RSHE must always be appropriate to pupils' age and stage of development and is an essential part of safeguarding.

Relationships Education is learning about the emotional, social and physical aspects of growing up. It is inclusive of all family types, to help children understand about loving and caring relationships of all types. It should equip children with the information, skills and positive values to have safe relationships, to understand their bodies and to empower them to know they have choice. This subject also takes into account mental wellbeing and can support children to develop resilience and to know how and when to ask for help. Parents may not withdraw their child from the science curriculum. At Key Stage 1 this includes the processes of reproduction and growth in animals (not how reproduction occurs). At Key Stage 2 this includes describing the life process of reproduction in some animals.

The Rights of Parents/Carers

Parents, however, have the right to request that their child be withdrawn from some or all of sex education delivered as part of RSHE. The aims of this portion of the curriculum are to provide a safe environment for children to have a factual, age-appropriate introduction to human reproduction and ask questions related to this. Crosby School understands that some parents would prefer to deliver this information themselves.

Before sex education lessons-delivered by a leading UK sex education social enterprise-take place, parents are invited to view the materials that will be used and are invited to indicate if they wish their child to be withdrawn from these sessions.

Parents/carers are consulted as to the content of this policy through parental surveys conducted when the policy is reviewed.

Values and Outcomes

All content in the RSHE curriculum supports the wider work of school in helping to foster wellbeing, and develop resilience and values that we know are fundamental to children becoming happy, successful and productive members of society.

Children should:

- Be able to understand what features of relationships are likely to lead to happiness and security
- Be able to recognise less positive relationships when they encounter them.
- Understand what positive emotional and mental wellbeing is, and how friendships can support our wellbeing.
- Be prepared for the physiological and emotional changes they will go through during puberty, understanding that these are normal and natural.
- Understand what counts as abuse and how to report it

Who Teaches RSHE?

Crosby teachers teach the majority of the RSHE curriculum. Once a year the school commissions a leading UK Sex Education Social Enterprise to deliver age appropriate content more directly related to sex education. Before these lessons take place parents/carers are notified, and invited to an information session to view content so that they can make an informed decision if they wish their child to be withdrawn from these specific lessons.

How delivery is made accessible, including those with SEND

The governing body has wider responsibilities under the Equalities Act 2010 to ensure that no pupils are discriminated against because of a number of protected characteristics, including disability and educational needs.

At Crosby Primary School for children with Special Educational Needs or disabilities we aim to:

- Identify specific needs as soon as possible
- Provide an appropriately differentiated curriculum
- Endeavour to meet the needs of each child
- Establish and maintain open dialogue with pupils, parents and carers
- Provide extra support or resources as required to enable each child to access the curriculum to the best of their abilities.

Curriculum Content

We teach RSHE as part of our wider Relationships, Sex, Health, Emotional, Personal, Social and Economic Education (RSHEPSE) curriculum so that our children know how to be safe, healthy (mentally and physical) and have respectful relationships including online.

The RSHEPSE curriculum is taught through the following themes at an age appropriate level:

- Safety
- Health
- Respectful Relationships Including Online
- Mental Health and Wellbeing
- Living In the Wider World

Nursery and F2

RSHE is taught as a prime area from Development Matters, covering the three strands which are:

- self-regulation
- managing self
- building relationships

Cycle A Year 1 to 6

Year 1/2	Families and People Who Care for Me 1 Caring Friendships 1 Being a Responsible Citizen	Mental Wellbeing 1 Being Safe-Firework Safety Road Safety 1	Online Relationships1 Dental Health Personal Hygiene	Mental Wellbeing (classroom council) Health and Prevention (healthy eating, hygiene and sleep) Sex Education	Economic Wellbeing 1 Physical Health 1(fitness)	Respectful Relationships 1 First Aid 1 Sun Safety 1
Year 3/4	Caring Friendships 2 Respectful Relationships 2	Internet Safety and Harms 1 Online Relationships 2	Mental Wellbeing 2 Being a Responsible Citizen 2	Physical Health 1 Sex Education	Drugs, Alcohol and Tobacco 1 First aid 1	Being safe 1 Families and People Who Care for Me 2
Year 5/6	Being a Responsible Citizen 3	Physical Health 3 Caring Friendships 3	Internet Safety and Harms 2 Economic Wellbeing 2	Respectful Relationships3 Sex Education	Mental Wellbeing 3 Street Safety 1	Online Relationships 3 Water Safety Being Safe 2

Cycle B Years 1 to 6

Year 1/2	Families and People Who Care for Me 1 Being a Responsible Citizen 1 Respectful Relationships 1	Mental Wellbeing 1 Being Safe-Firework Safety Caring Friendships 1	Online Relationships 1 Road Safety 1	Physical Health 1 Sex Education Dental Health and Personal Hygiene.	Basic First Aid 1 Sun Safety 1	Physical Health-Healthy Eating Being a Responsible Citizen 1
Year 3/4	Caring Friendships 2 Respectful Relationships 2	Internet Safety and Harms 1 Online Relationships 2	Mental Wellbeing 2 Being a Responsible Citizen 2	Physical Health 2 Sex Education	Drugs, Alcohol and Tobacco 1 First aid 1	Being safe 1
Year 5/6	Being Safe 2 Caring Friendships 3 Advanced First Aid	Economic Wellbeing 2	Internet Safety and Harms 2 Families and People Who Care for Me 2	Physical Health 3 Sex Education	Mental Wellbeing 3 Street Safety 1	Online Relationships 3 Water Safety1

Monitoring and Review

Governors monitor the delivery of policy content via headteacher feedback to meetings, monitoring visits, safeguarding group processes and governor oversight of sex education feedback.

There is also a link governor who is the named lead for overseeing this on behalf of the governing body. The governors ensure this policy is made available to parents, including being published on the school website.

The Headteacher takes overall delegated responsibility for the implementation of this policy and for liaison with appropriate stakeholders.

The RSE co-ordinator has general responsibility for supporting other members of staff in the implementation of this policy and provide a lead in the dissemination of the information relating to RSE.

This policy should be read in conjunction with the school's safeguarding and child protection policy.

This policy is monitored and reviewed by the governing body annually. Last reviewed summer 2022. Next review summer 2023.