

Drugs, Alcohol and Tobacco 1**Core Concepts**

Health RP2

Safety RP1

Key Vocabulary

Drugs

Addiction

Legal

Illegal

Tar

Tobacco

Nicotine

Carbon monoxide

Stages

Stage 1 – discuss the different types of drugs including medicines, legal drugs and illegal drugs

Stage 2- research all things to do with tobacco including risks with smoking, passive smoking and E-Cigs (vaping)

Stage 3- discuss the risks of drinking mentally and physically also consider alcohol in religions

Stage 4- Investigate the difference between illegal drugs and legal drugs

Stage 5- Explain addiction and debate the risks and dangers of addiction

Unit Outcome

To be able to say facts about legal and illegal harmful substances and risks.

Enquiry Questions

1. How can you stop smoking?
2. If alcohol can be addictive, why do people drink?
3. Why are some drugs illegal?

Useful Resources

DFE released guidance on this topic, follow the PowerPoint for extra information (take care to only look at primary curriculum) Shared Area> Subject Leader Files> Useful Resources> 3/4 > Drugs, Alcohol and Tobacco 1

Key Facts**Laws-**

You must be 18 or older to buy cigarettes in the UK. It is illegal to sell tobacco, electronic cigarettes (e-cigarettes) or e-liquids to anyone under 18, or to buy them for anyone under 18.

It is illegal to buy or try to buy alcohol if you are under 18. It is also illegal to sell alcohol to, or buy alcohol for, under 18s.

First Aid 1

Core Concepts

Health RP2

Key Vocabulary

Minor injury

Major injury

Emergency

Paracetamol

Antihistamine

Antiseptic

Stages

Stage 1- Discuss the difference between minor and major injuries

Stage 2- Research the different types of medicine or first aid usually provided including paracetamol, antihistamine, antiseptic and bandages

Stage 3 – carry out basic first aid on ourselves or another person

Stage 4- explain to someone else how to carry out first aid

Stage 5- mock call to emergency services for different scenarios

Unit Outcome

To understand basic concepts of first-aid.

To tell you the number to call for emergency services.

Enquiry Questions

1. If I have no signal on my phone, how do I call the emergency services?
2. If I am too scared to administer first aid, what should I do?

Useful Resources

DFE PowerPoint find in Shared Area> Subject Leader Files> Useful Resources> Year 3 4> First Aid 1

St John Ambulance Website

Key Facts

Must check the following before carrying out basic first aid

- being cut by broken glass
- falling from a height
- something falling onto them
- busy traffic
- coming into contact with fire or chemicals

Being Safe 1

Core Concepts

Safety RP1

Key Vocabulary

Advice

Trust

Secret

Confidential

Privacy

Counselling

Stages

Stage 1- Discuss and explore where to get advice from in daily life beginning with school and then home life.

Stage 2- research the importance of Child line and the services it can provide including counselling

Stage 3 – investigate different scenarios around the concept of privacy and when it does not apply

Unit Outcome

To be aware of where to get advice from.

To understand about the concept of privacy and to know when to keep a secret and when to tell someone.

Enquiry Questions

Is it good to ask any adult for advice?

When might you need support from Childline?

Why may you feel like you can't keep a secret for someone?

Useful Resources

Child line website is really useful <https://www.childline.org.uk/about/about-childline/>

Key Facts

Childline is available for anyone under the age of 19 for advice- 0800 1111