

**EYFS Medium Term Plan Cycle A and Cycle B**

**RSHEPSE Codes**

RP1- Safety

RP2- Health

RP3- Respectful Relationships including online

RP4- Mental Wellbeing

RP5- Living in the Wider World

**Early Years Foundation Stage Profile (page 11)**

Self-Regulation ELG - SR

Managing Self ELG - MS

Building Relationships ELG- BR

**EYFS Medium Term Plans Cycle A and Cycle B**

The topics below should be taught at specific times throughout the year in PSE lessons.

Autumn	Spring	Summer
RP5/BR- October- Black History Month PSE Theme- We are unique and different	RP4- New Year PSE Them- What are you going to get better at?	RP4- May- Mental Health Awareness Week PSE Theme- How to feel relaxed (Zen Den YouTube)
RP3/BR- November- Anti Bullying Week/Children in Need PSE Theme- Being kind to others	RP5- Easter PSE Theme- Respecting others beliefs	RP1,RP2,RP3- Big Talk
RP5/BR- November- Remembrance PSE Theme- remembering British history	RP5- Eid PSE Theme- Respecting others beliefs	RP3/BR- Transition PSE Theme- How to make new friends.
RP3- December- Christmas- Respecting others beliefs and celebrating others cultures		RP5- Transition PSE Theme- Change

**Books Used in EYFS with PSE Theme and Links**

Giraffes can't dance

Have you filled a bucket today?

All are welcome

Colour and Me!

Smeds and the Smoos

Elmer

The Colour Monster

Mr Big

People Who Help Us (various books)

**PSE topics to be taught as and when teacher feels appropriate throughout the year.**

RP1/MS- PANTS- How to use toilets and be safe

RP3/MS- Golden Rules

RP5- British Values- What does it mean to be British?

RP3/MS- Oral Health and healthy eating

RP4/SRMS- Feelings- Understanding our own minds.